



**NATIONAL ASSOCIATION OF SPEED AND EXPLOSION**

HEADQUARTERS: P.O. Box 1784, Kill Devil Hills, NC 27948

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**2013 MEMBERSHIP APPLICATION**      **Sept. 1, 2012 to Dec. 31, 2013**

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**Why become an NASE Member:**

- AN ASSOCIATION DEVOTED ENTIRELY TO IMPROVING PLAYING SPEED - The NASE is the only national association with this main focus.
- PROFESSIONAL ADVANCEMENT - Become a recognized expert as a speed coach in training athletes to improve speed in short sprints for their sport. Increase your knowledge and learn the new techniques of speed training based upon the latest research findings.
- CERTIFICATION - Become certified in Speed and Explosion by completing the Prestigious NASE Online Course or Self-study Program.
- ACCESS TO AN ACTIVE WEB SITE - Stay current through the NASE Web Site containing the latest articles, videos, and other information on speed improvement for baseball, basketball, field hockey, football, lacrosse, rugby, soccer, softball, tennis, etc.
- SPORTS SPEED DIGEST - Receive the NASE 12-16 page bimonthly Sports Speed Digest in January, March, May, July, September, and November with articles on the improvement of playing speed for sports competition.
- ACCESS TO THE NASE ARCHIVES - Members can access over 44 issues of Sports Speed Digest that include over one hundred key articles on speed improvement.
- ON-LINE FORUM - Exchange ideas with other coaches throughout the world.
- DISCOUNTS - Reduced fees for clinics, symposiums, and conferences.

**ANNUAL MEMBERSHIP FEES ( All Members) \$29.95**

Name \_\_\_\_\_ Title \_\_\_\_\_

Address \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Tel.: \_\_\_\_\_ e-mail \_\_\_\_\_

Return form with check or money order to **NASE, Box 1784, Kill Devil Hills, NC 27948, OR** join online at **naseinc.com**